

Your Journey to Work



Hello there, my name is David Finney from The Energy of Conversation, a company specialising in managerial development and career coaching. Before running my own company I recruited, trained, coached and managed staff for 20 years in the market research industry. I believe that individual and corporate success lies in having a series of effective conversations; for as we all know, communication is everything. If you are currently looking for a job, considering a career change or maybe nearing the completion of your studies at university or college, then take a look at the following 3 links. I hope they will be helpful to you on your journey to work.

1. Firstly take a look at this 90-second film on job satisfaction:



*After you have seen the film which of **the four cornerstones** called out to you in terms of what your main emotional needs might be in your future career?*

2. Secondly some 'online coaching' to help you brainstorm career ideas:



What aspects of your career choice are you now clearer on?

3. Thirdly a step by step guide to help you prepare for future job interviews:



*After you have read the guide which of **the nine steps** was the most relevant to you and what specific action will you take going forward?*



The Energy of Conversation

Dedicated to Learning & Improvement

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